Version 1.0



## Quorn Vegan Balls 5x1000g

Quorn Vegan Balls 5x1kg

#### PRODUCT DESCRIPTION

Vegan savoury flavour balls, made with mycoprotein

Brand	Marlow Foods Ltd (Quorn Foods)
Manufacturer Product Code	A04750
Product Type	Food
<b>Product Category</b>	Vegetarian
Storage Type	Frozen
Erudus ID	2e63683ed5aa4959a73e96df01d2686a
Specification Type	Legacy
Inner Component GTIN	5019503044485
Outer Case GTIN	05019503044492









#### INGREDIENTS

#### **Ingredient Declaration**

Mycoprotein (40%), Textured **WHEAT** Protein (**WHEAT** Flour, Stabiliser: Sodium Alginate), Onion, Water, Textured Pea Protein (Pea Protein, Pea Fibre), Pea Fibre, Natural Flavourings (contains **BARLEY**), Potato Protein, Vegetable Oils (Palm, Rapeseed), Rice Starch, **Gluten** Free Roast **BARLEY** Malt Extract, Mushroom Extract (Maltodextrin, Mushroom Extract).

Mustard

**Vegetarian Diet** 

#### ALLERGENS

#### **Product Contains:**

Celery/Celeriac	No
Cereals Containing Gluten	Yes
Barley	Yes
Oats	No
Rye	No
Wheat (including Spelt and Khorasan)	Yes
Gluten content <20ppm	No
Crustacea	No
Eggs	No
Fish	No
Lupin	No
Milk	No
Molluscs	No

Nuts (Tree)	No
Almond nuts	No
Brazil nuts	No
Cashew nuts	No
Hazelnuts	No
Macadamia (Queensland) nuts	No
Pecan nuts	No
Pistachio nuts	No
Walnuts	No
Peanuts	No
Sesame Seeds	No
Soybeans	No
Sulphur Dioxide and Sulphites	No
Halal Diet	Suitable for

No

DIET SUITABILITY

Suitable for Coeliacs	No
Kosher Diet	No
Vegan Diet	Suitable for

Suitable for

erudus

Energy Fat Saturates Salt Sugars 560kJ 3.4g 0.71g 1g 0.1g 133kcal MED MED MED LOW 7% 5% 5% 12%

of your reference intake.

Typical values per 100g/ml: Energy 133kcal / 560kj

Nutrient	per 100g/ml	RI per 100g/ml	per 13g/ml serving	RI per 13g/ml serving
Energy (kJ)	560 kJ	7%	72.8 kJ	1%
Energy (kcal)	133 kcal	7%	17.3 kcal	1%
Fat	3.4 g	5%	0.4 g	1%
of which Saturates	1 g	5%	0.1 g	1%
Carbohydrate	10 g	4%	1.3 g	1%
of which Sugars	0.1 g	0%	-	
Fibre	5.1 g		0.7 g	
Protein	13 g	26%	1.7 g	3%
Salt	0.71 g	12%	0.1 g	2%
Sodium	280 mg		36.4 mg	

Serving Size 13 g
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# HANDLING & STORAGE INFORMATION

#### **Directions For Use**

Cook from frozen. Remove all packaging. For best results OVEN cook. OVEN 20 MIN Preheat oven to 200°C/Fan 180°C/Gas 6. Brush with a little oil. Place on baking tray. Cook on middle shelf. HOB 16 MIN Simply heat your sauce (approx. 500g) then add frozen Quorn Vegan Balls. Stir, cover and simmer for 16 MIN. Stir occasionally. All appliances vary, these are guidelines only. Check product is piping hot before serving.

#### Storage Instructions

Keep frozen below -18°C. Do not refreeze once thawed.

#### ORIGIN

#### Product Country of Origin/Place of

United Kingdom

#### CONTACT INFORMATION

### Provenance

Address

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