

# Northampton Pride Self Raising Flour (16 Kgs)

Self Raising 1x16kg

## PRODUCT DESCRIPTION

Wheat Flour

|                           |                                  |
|---------------------------|----------------------------------|
| Brand                     | Heygates Ltd                     |
| Manufacturer Product Code | T-L035-016                       |
| Product Type              | Food                             |
| Product Category          | Bakery - General                 |
| Storage Type              | Ambient                          |
| Erudus ID                 | 3f477acc581848df9d2adfdbd33df136 |
| Specification Type        | Legacy                           |
|                           |                                  |
| Inner Component GTIN      | 05021583001807                   |
| Outer Case GTIN           | 05021583001807                   |



## INGREDIENTS

**Ingredient Declaration**  
Wheat Flour (**WHEAT** flour, Calcium Carbonate (E170), Iron, Nicotinamide (Vit B3), Thiamine Hydrochloride (Vit B1)), Sodium Carbonates (E500) Calcium Phosphates (E341)

## ALLERGENS

Product Contains:

|                                      |     |
|--------------------------------------|-----|
| Celery/Celeriac                      | No  |
| Cereals Containing Gluten            | Yes |
| Barley                               | No  |
| Oats                                 | No  |
| Rye                                  | No  |
| Wheat (including Spelt and Khorasan) | Yes |
| Crustacea                            | No  |
| Eggs                                 | No  |
| Fish                                 | No  |
| Lupin                                | No  |
| Milk                                 | No  |
| Molluscs                             | No  |

|                               |             |
|-------------------------------|-------------|
| Mustard                       | No          |
| Nuts (Tree)                   | No          |
| Almond nuts                   | No          |
| Brazil nuts                   | No          |
| Cashew nuts                   | No          |
| Hazelnuts                     | No          |
| Macadamia (Queensland) nuts   | No          |
| Pecan nuts                    | No          |
| Pistachio nuts                | No          |
| Walnuts                       | No          |
| Peanuts                       | No          |
| Sesame Seeds                  | No          |
| Soybeans                      | May Contain |
| Sulphur Dioxide and Sulphites | No          |

Risk Source:

### Additional Allergen Information

Contains Gluten. Produced without the addition of soya, in a mill which does not process soya, but within a supply chain which handles soya.

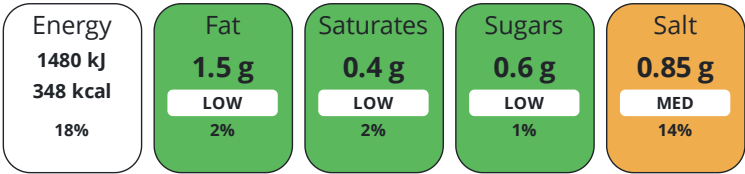
## DIET SUITABILITY

|                       |              |
|-----------------------|--------------|
| Suitable for Coeliacs | No           |
| Kosher Diet           | Suitable for |
| Vegan Diet            | Suitable for |

|                 |              |
|-----------------|--------------|
| Halal Diet      | Suitable for |
| Vegetarian Diet | Suitable for |

NUTRITIONAL  
INFORMATION

Each 100g/ml portion contains:



of your reference intake.

Typical values per 100g/ml : Energy 348kcal / 1480kJ

| Nutrient                  | per 100g/ml | RI per 100g/ml |
|---------------------------|-------------|----------------|
| Energy (kJ)               | 1480 kJ     | 18%            |
| Energy (kcal)             | 348 kcal    | 17%            |
| Fat                       | 1.5 g       | 2%             |
| of which Saturates        | 0.4 g       | 2%             |
| of which Mono-unsaturates | 0.2 g       |                |
| of which Polyunsaturates  | 0.4 g       |                |
| Carbohydrate              | 79.6 g      | 31%            |
| of which Sugars           | 0.6 g       | 1%             |
| of which Starch           | 79 g        |                |
| Fibre                     | 4 g         |                |
| Protein                   | 8.9 g       | 18%            |
| Salt                      | 0.85 g      | 14%            |
| Sodium                    | 342 mg      |                |

HANDLING &  
STORAGE  
INFORMATION

Directions For Use

FLOUR IS A RAW INGREDIENT AND MUST BE COOKED OR BAKED BEFORE EATING.

Storage Instructions

The flour should be stored in cool dry conditions away from direct sunlight. The storage area should allow good air circulation and be free from any pest infestation.

ORIGIN

Product Country of OriginUnited Kingdom

Additional Origin Details

Besides the United Kingdom, wheat can be sourced from Germany, France, Poland, Sweden, Canada and the United States  
Address

Heygates Ltd  
Bugbrooke Mills  
Bugbrooke  
Northampton  
NN7 3QH  
England

P: (Phone) 01604 830381

CONTACT  
INFORMATION

The information on the [Erudus System](#) has been supplied by the manufacturers of the products and, whilst the owners of the Erudus System take steps to ensure the information is regularly updated, they give no warranty and no guarantee that the information is accurate. Product information and ingredients may change, please always read product labels carefully in addition to using the information provided by Erudus.

