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Fully baked Uncut Ciabatta Loaf 300g

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PRODUCT DESCRIPTION

A traditional style Ciabatta made with extra virgin olive oil. Bulk fermented to provide a more open structure with increased flavour.

Brand	Lantmannen Unibake
Manufacturer Product Code	223398
Product Type	Food
Product Category	Bakery - General
Storage Type	Frozen
Erudus ID	1c95f66c4fce4d03b24adfb972e1c6c8
Specification Type	Legacy

Outer Case GTIN 05038910011033



INGREDIENTS

Ingredient Declaration

WHEAT Flour (with Calcium, Iron, Niacin, Thiamin), Water, Yeast, Extra Virgin Olive Oil (2%), **RYE** Flour, Salt, **WHEAT** Flour, Sugar, Malted **WHEAT** Flour, Malted **BARLEY** Flour, Flour Treatment Agents (E300, E920).

ALLERGENS

Product Contains:

Celery/Celeriac	No	Mustard	No
Cereals Containing Gluten	Yes	Nuts (Tree)	May Contain
Barley	Yes	Almond nuts	May Contain
Oats	No	Brazil nuts	No
Rye	Yes	Cashew nuts	May Contain
Wheat (including Spelt and Khorasan)	Yes	Hazelnuts	May Contain
Gluten content <20ppm	No	Macadamia (Queensland) nuts	No
Crustacea	No	Pecan nuts	No
Eggs	No	Pistachio nuts	No
Fish	No	Walnuts	No
Lupin	No	Peanuts	No
Milk	No	Sesame Seeds	May Contain
Molluscs	No	Soybeans	No
		Sulphur Dioxide and Sulphites	No

Risk Source:

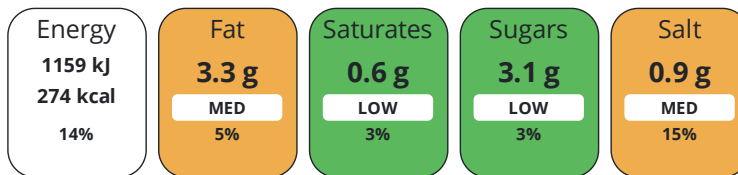
Additional Allergen Information

For allergens, including cereals containing gluten, see ingredients in CAPITALS. May also contain traces of sesame seeds and nuts.

DIET SUITABILITY

Suitable for Coeliacs	No	Halal Diet	Suitable for
Kosher Diet	No	Vegetarian Diet	Suitable for
Vegan Diet	Suitable for		

Each 100g/ml portion contains:



of your reference intake.

Typical values per 100g/ml : Energy 274kcal / 1159kJ

Nutrient	per 100g/ml	RI per 100g/ml	per 300g/ml serving	RI per 300g/ml serving
Energy (kJ)	1159 kJ	14%	3477 kJ	41%
Energy (kcal)	274 kcal	14%	822 kcal	41%
Fat	3.3 g	5%	9.9 g	14%
of which Saturates	0.6 g	3%	1.8 g	9%
of which Mono-unsaturates	1.8 g		5.4 g	
of which Polyunsaturates	0.7 g		2.1 g	
Carbohydrate	50.9 g	20%	152.7 g	59%
of which Sugars	3.1 g	3%	9.3 g	10%
Fibre	3 g		9 g	
Protein	8.7 g	17%	26.1 g	52%
Salt	0.9 g	15%	2.7 g	45%
Sodium	358 mg		1074 mg	

Serving Size 300 g

Directions For Use

To defrost: remove the required number of products from the box and lie flat. Defrost for approximately 1 hour at room temperature. If desired, bake the defrosted ciabatta for approximately 5 to 8 minutes at 180°C to 200°C. Settings may vary depending on oven type.

Storage Instructions

Can be stored until the best before date if stored at -18oC or below. DO NOT REFREEZE ONCE DEFROSTED. Consume within 1 day of defrost.

Product Country of Origin/Place of United Kingdom

Provenance

Additional Origin Details

n/a

CONTACT
INFORMATION

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