

Changed Mar 14, 2024 10:43

Reviewed Mar 14, 2024 10:43

Erudus ID 97a6f960029c42e9a181bc778706bb54

Version 2.0

Status Published

Mushroom Brie & Cranberry Wellington

Mushroom Brie & Cranberry Wellington 12x12g

PRODUCT DESCRIPTION

Sautéed Mushrooms, cranberries & seasoned spinach with Pumpkin seeds& Sunflower Seeds, topped with a brie cheese sauce encased in puff pastry.

Brand	What's Cooking Deeside UK Ltd
Manufacturer Product Code	PA626
Product Type	Food
Product Category	Ready Meals
Storage Type	Frozen
Erudus ID	97a6f960029c42e9a181bc778706bb54
Specification Type	Generic



Outer Case GTIN 5016236030600



INGREDIENTS

Ingredient Declaration

Vegetable and Mushroom Mix (55%) (Mushroom (35%), Onion, Spinach, Breadcrumbs (**WHEAT** Flour (Calcium Carbonate, Iron, Niacin, Thiamin), Water, Salt, Yeast), Butter (**MILK**), Sweetened Dried Cranberries (3%) (Sugar, Cranberries, Sunflower Oil), Pumpkin Seeds, Pasteurised Whole **EGG**, Rapeseed Oil, Porcini Mushrooms, Salt, Garlic Puree, Thyme, Vegetable Bouillon (Salt, Maltodextrin, Potato Starch, Yeast Extract, Sugar, Vegetables (Onion, Parsnip, Parsley), Sunflower Oil, Spices (Turmeric, Lovage, Pepper, Garlic, Mace, Nutmeg), Lovage Extract), Black Pepper, Nutmeg), Pastry (35%) (Puff Pastry Rounds (**WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Margarine (Palm and Rapeseed Oil, Water, Salt) Water, Preservative (Potassium Sorbate)), Pasteurised Whole **EGG**), Brie Sauce (10%) (Water, Single Cream (**MILK**), Brie Cheese (**MILK**) (11%), Fortified **WHEAT** Flour (**WHEAT** Flour, Iron, Thiamin, Nicotinic Acid, Calcium Carbonate), Full Fat Soft Cheese (**MILK**), Modified Maize Starch, Salt, Black Pepper).

ALLERGENS

Product Contains:

Celery/Celeriac	No
Cereals Containing Gluten	Yes
Barley	No
Oats	No
Rye	No
Wheat (including Spelt and Khorasan)	Yes
Crustacea	No
Eggs	Yes
Fish	No
Lupin	No
Milk	Yes
Molluscs	No

Mustard	No
Nuts (Tree)	No
Almond nuts	No
Brazil nuts	No
Cashew nuts	No
Hazelnuts	No
Macadamia (Queensland) nuts	No
Pecan nuts	No
Pistachio nuts	No
Walnuts	No
Peanuts	No
Sesame Seeds	No
Soybeans	No
Sulphur Dioxide and Sulphites	No

Additional Allergen Information

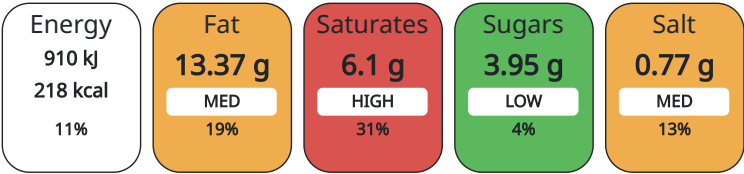
Allergy Advice:- For allergens & cereals containing gluten, see ingredients in bold. This product contains: Wheat (Gluten), Egg, Milk.

DIET SUITABILITY

Vegan Diet	No	Vegetarian Diet	Suitable for
Halal Diet	No	Kosher Diet	No

NUTRITIONAL
INFORMATION AS
SOLD

Each 100g/ml portion contains:



of your reference intake.

Typical values per 100g/ml : Energy 218kcal / 910kJ

Nutrient	per 100g	RI per 100g	per 195g serving	RI per 195g serving
Energy (kJ)	910 kJ	11%	1774.5	21%
Energy (kcal)	218 kcal	11%	425.1	21%
Fat	13.37 g	19%	26.07 g	37%
of which Saturates	6.1 g	31%	11.9 g	60%
of which Mono-unsaturates	4.23 g		8.25 g	
of which Polyunsaturates	1.41 g		2.75 g	
Carbohydrate	18.95 g	7%	36.95 g	14%
of which Sugars	3.95 g	4%	7.7 g	9%
of which Starch	13.31 g		25.95 g	
Fibre	1.86 g		3.63 g	
Protein	5.42 g	11%	10.57 g	21%
Salt	0.77 g	13%	1.5 g	25%
Sodium	303 mg		590.85 mg	
Serving Size	195 g			

HANDLING &
STORAGE
INFORMATION

Directions For Use

Cook From Frozen - pre-heat oven to 200 - 225C, place product on metal tray and cook for approximately 18 - 22 mins. Always ensure product is piping hot before serving.

Storage Instructions

Keep frozen at less than -18°C

ORIGIN

Product Country of Origin United Kingdom

Additional Origin Details

UK

Origin of the Primary Ingredient

CONTACT
INFORMATION

Address

What's Cooking Deeside UK Ltd
Estuary House
Tenth Avenue, Zone 3
Deeside Industrial Park
Flintshire
CH5 2UA
United Kingdom

P: (Phone) 01244 286200

Complaints Contact

Amy Probert
Specifications Technologist
Amy.Probert@whatscooking.group

P: (Phone) 01244 286200

Technical Contact

Sion Williams
Technical Manager
Sion.Williams@whatscooking.group

P: (Phone) 01244286200

Commercial Contact

Paul Chittenden
Account Manager
paul.chittenden@whatscooking.group

P: (Phone) 01244 286217

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