

Meadowvale Breaded Chicken Mini Fillets 10 x 1kg

Breaded Mini Fillets

PRODUCT DESCRIPTION

Fully cooked chicken breast inner fillets in a crispy breadcrumb and individually quick-frozen.

Manufacturer Product Code	N1413803A
Product Type	Food
Product Category	Poultry
Storage Type	Frozen
Erudus ID	551e4de320e24572bc14bc50c1f2022c
Specification Type	Legacy



Inner Component GTIN	5017400108392
Outer Case GTIN	05017400020700



INGREDIENTS

Ingredient Declaration

Chicken Breast (63%), Water, **WHEAT** Flour, Modified Tapioca Starch, Maize Starch, Potato Starch, Sugar, Salt, Tapioca Starch, Vegetable Oil (Palm, **SOYA**), Raising Agents (Diphosphates, Sodium Carbonates), Acidity Regulator (Sodium Citrate), Thickeners (Guar Gum, Xanthan Gum), Yeast Extract, Yeast.

ALLERGENS

Product Contains:

Celery/Celeriac	No	Mustard	No
Cereals Containing Gluten	Yes	Nuts (Tree)	No
Barley	No	Almond nuts	No
Oats	No	Brazil nuts	No
Rye	No	Cashew nuts	No
Wheat (including Spelt and Khorasan)	Yes	Hazelnuts	No
Gluten content <20ppm	No	Macadamia (Queensland) nuts	No
Crustacea	No	Pecan nuts	No
Eggs	No	Pistachio nuts	No
Fish	No	Walnuts	No
Lupin	No	Peanuts	No
Milk	No	Sesame Seeds	No
Molluscs	No	Soybeans	Yes
		Sulphur Dioxide and Sulphites	No

Additional Allergen Information

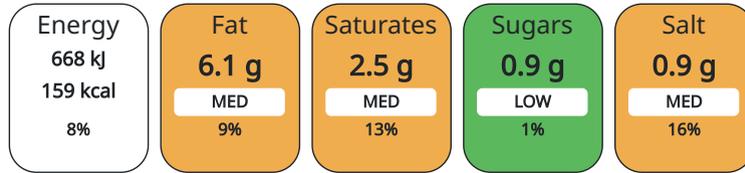
For allergens, including cereals containing Gluten, see ingredients in Bold.

DIET SUITABILITY

Suitable for Coeliacs	No	Halal Diet	Suitable for
Kosher Diet	No	Vegetarian Diet	No
Vegan Diet	No		

NUTRITIONAL INFORMATION

Each 100g/ml portion contains:



of your reference intake.

Typical values per 100g/ml : Energy 159kcal / 668kJ

Nutrient	per 100g/ml	RI per 100g/ml
Energy (kJ)	668 kJ	8%
Energy (kcal)	159 kcal	8%
Fat	6.1 g	9%
of which Saturates	2.5 g	13%
Carbohydrate	6.3 g	2%
of which Sugars	0.9 g	1%
Fibre	1.5 g	
Protein	19 g	38%
Salt	0.93 g	16%

HANDLING & STORAGE INFORMATION

Directions For Use

For best results cook from frozen. The following instructions are guidelines only. If thawed, reduce cooking time accordingly. Always ensure that the food is piping hot before serving. OVEN BAKE: Pre-heat oven to 200°C / Gas Mark 6. Place the chicken on a baking tray in the centre of the oven and bake for 15 - 20 minutes. DEEP FRY: Pre-heat the oil to 180°C. Gently lower and fully immerse the chicken into the hot oil and fry for 4 - 5 minutes. Drain and serve.

Storage Instructions

Keep frozen -18°C.

ORIGIN

Product Country of Origin Thailand

CONTACT INFORMATION

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