

360007

Whitby Seafoods Gluten Free Wholetail Scampi

6*600g

Gluten Free Wholetail Scampi 6x600g

PRODUCT DESCRIPTION

Whole scampi (langoustine) tails in a crisp, golden gluten free breadcrumb. With added water. Made from one or more tails per piece.

Brand	Whitby Seafoods Ltd
Manufacturer Product Code	1688
Product Type	Food
Product Category	Prawns, Shrimp & Scampi
Storage Type	Frozen
Erudus ID	a60c29254f714a8fa739ff87b6f8f1b7
Specification Type	Fish and Seafood
Inner Component GTIN	5016316016883
Outer Case GTIN	05016316916886



INGREDIENTS

Ingredient Declaration
Scampi (**CRUSTACEANS**) (36%), Water, Rice Flour, Gram Flour, Maize Starch, Potato Starch, Maize Flour, Rapeseed Oil, Salt, Dextrose, Black Pepper, Raising Agents (E450, E500), Thickener E415, Stabilisers (E339, E451, E452)

ALLERGENS

Product Contains:

Celery/Celeriac	No
Cereals Containing Gluten	No
Barley	No
Oats	No
Rye	No
Wheat (including Spelt and Khorasan)	No
Crustacea	Yes
Eggs	No
Fish	May Contain
Lupin	No
Milk	No
Molluscs	May Contain

Mustard	No
Nuts (Tree)	No
Almond nuts	No
Brazil nuts	No
Cashew nuts	No
Hazelnuts	No
Macadamia (Queensland) nuts	No
Pecan nuts	No
Pistachio nuts	No
Walnuts	No
Peanuts	No
Sesame Seeds	No
Soybeans	No
Sulphur Dioxide and Sulphites	No

Risk Source:

Fish (Risk Source)	Factory
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Molluscs (Risk Source)	Factory
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Additional Allergen Information

For allergens please see ingredients in BOLD. May contain FISH and MOLLUSCS.

FREE FROM
CLAIMS

DIET SUITABILITY

NUTRITIONAL
INFORMATION AS
SOLD

Gluten-Free

Yes

Halal Diet

No

Kosher Diet

No

Each 100g/ml portion contains:

Energy

895 kJ

214 kcal

11%

Fat

10 g

MED

14%

Saturates

1 g

LOW

5%

Sugars

0.1 g

LOW

0%

Salt

1.68 g

HIGH

28%

of your reference intake.

Typical values per 100g/ml : Energy 214kcal / 895kJ

Nutrient	per 100g	RI per 100g	per 100g serving	RI per 100g serving
Energy (kJ)	895 kJ	11%	895	11%
Energy (kcal)	214 kcal	11%	214	11%
Fat	10 g	14%	10 g	14%
of which Saturates	1 g	5%	1 g	5%
Carbohydrate	22.2 g	9%	22.2 g	9%
of which Sugars	0.1 g	0%	0.1 g	0%
Fibre	0.8 g		0.8 g	
Protein	8.3 g	17%	8.3 g	17%
Salt	1.68 g	28%	1.68 g	28%

Serving Size

100 g

HANDLING &
STORAGE
INFORMATION

Directions For Use

Always cook from frozen. The instructions below are just a guide; do make sure our [product] is piping hot throughout before serving. Once cooled, please don't reheat. Oven Bake: 18 Minutes. Pre-heat oven to 220°C/200°C fan/Gas mark 7. Remove all packaging and place scampi on a pre-heated baking tray in the centre of the oven. Bake for 18 minutes, turning half way through cooking, until crisp and golden. Tuck in. Deep Fry: 4 mins. Deep fry from frozen. Preheat oil to 180°C (350°F). Cook for approximately 4 minutes until crisp and golden.

Storage Instructions

Keep in the freezer and polish off by the best before date, once defrosted please don't refreeze.

ORIGIN

Product Country of Origin

Germany

Additional Origin Details

Fished in Northeast Atlantic waters (FAO27), processed in Germany.

Origin of the Primary Ingredient

SAFETY &
WARNINGS

CONTACT
INFORMATION

Address

Whitby Seafoods Ltd
Fairfield way
Whitby Business park
Whitby
North Yorkshire
YO22 4PU
England

P: (Phone) 01947 606101

Complaints Contact

Neve Saltmarsh
Technical Services Coordinator
neve.saltmarsh@whitby-seafoods.com

Technical Contact

Neve Saltmarsh
Technical Services Coordinator
neve.saltmarsh@whitby-seafoods.com

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