

640243

Kara Doughballs 30 x 340g

Doughballs 30x

PRODUCT DESCRIPTION

White/creamy round frozen doughballs which can be defrosted and rolled out to make pizza's, calzones etc

| | |
|---------------------------|----------------------------------|
| Brand | Kara Foodservice (Fletchers) |
| Manufacturer Product Code | F00302 |
| Product Type | Food |
| Product Category | Bakery - General |
| Storage Type | Frozen |
| Erudus ID | 6297ce3a99d3449e9be5ffaac095ca67 |
| Specification Type | Legacy |



Outer Case GTIN

05010066001823



INGREDIENTS

Ingredient Declaration
WHEAT Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin & Thiamin), Water, Yeast, Rapeseed Oil, Salt

ALLERGENS

| | | | |
|--------------------------------------|-----|-------------------------------|----|
| Product Contains: | | | |
| Celery/Celeriac | No | Mustard | No |
| Cereals Containing Gluten | Yes | Nuts (Tree) | No |
| Barley | No | Almond nuts | No |
| Oats | No | Brazil nuts | No |
| Rye | No | Cashew nuts | No |
| Wheat (including Spelt and Khorasan) | Yes | Hazelnuts | No |
| Gluten content <20ppm | No | Macadamia (Queensland) nuts | No |
| Crustacea | No | Pecan nuts | No |
| Eggs | No | Pistachio nuts | No |
| Fish | No | Walnuts | No |
| Lupin | No | Peanuts | No |
| Milk | No | Sesame Seeds | No |
| Molluscs | No | Soybeans | No |
| | | Sulphur Dioxide and Sulphites | No |

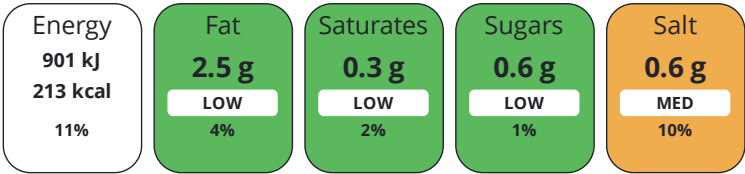
Additional Allergen Information
For allergens, including cereals containing Gluten, see ingredients in BOLD/CAPITALS

DIET
SUITABILITY

| | | | |
|-----------------------|--------------|-----------------|--------------|
| Suitable for Coeliacs | No | Halal Diet | No |
| Kosher Diet | No | Vegetarian Diet | Suitable for |
| Vegan Diet | Suitable for | | |

NUTRITIONAL
INFORMATION

Each 100g/ml portion contains:



of your reference intake.

Typical values per 100g/ml : Energy 213kcal / 901kJ

| Nutrient | per 100g/ml | RI per 100g/ml | per 340g/ml serving | RI per 340g/ml serving |
|---------------------------|-------------|----------------|---------------------|------------------------|
| Energy (kJ) | 901 kJ | 11% | 3063.4 kJ | 36% |
| Energy (kcal) | 213 kcal | 11% | 724.2 kcal | 36% |
| Fat | 2.5 g | 4% | 8.5 g | 12% |
| of which Saturates | 0.3 g | 2% | 1 g | 5% |
| of which Mono-unsaturates | 1.2 g | | 4.1 g | |
| of which Polyunsaturates | 0.9 g | | 3.1 g | |
| Carbohydrate | 38 g | 15% | 129.2 g | 50% |
| of which Sugars | 0.6 g | 1% | 2 g | 2% |
| Fibre | 3.4 g | | 11.6 g | |
| Protein | 8.1 g | 16% | 27.5 g | 55% |
| Salt | 0.6 g | 10% | 2 g | 33% |
| Sodium | 224 mg | | 761.6 mg | |
| Serving Size | 340 g | | | |

HANDLING &
STORAGE
INFORMATION

Directions For Use

Keep frozen. Store at -18°C or below. To defrost take the required amount of doughballs from the freezer and place 2" apart on a tray. To avoid skinning cover with lightly greased film and put in refrigerator overnight. Maximum storage time in refrigerator (5°C) is 2 days after defrost. Best used within 24 hours. Once defrosted do not refreeze.

Storage Instructions

Keep frozen, store frozen at -18°C or below. Once defrosted do not refreeze.

ORIGIN

Product Country of OriginUnited Kingdom

Additional Origin Details

N/A
Address
Kara Foodservice (Fletchers)
Park Seventeen
Moss Lane
Whitefield
Manchester
M45 8FJ
England

P. (Phone) 0161 766 7471

CONTACT
INFORMATION

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