

440069

CHICKEN TIKKA MASALA 12 x 350G

Chicken Tikka Masala

PRODUCT DESCRIPTION

Chunky pieces of cooked tikka marinated chicken breast in a creamy medium spiced tomato and onion curry sauce with yogurt.

| | |
|---------------------------|----------------------------------|
| Manufacturer Product Code | C124350U |
| Product Type | Food |
| Product Category | Individual Portion Meal |
| Storage Type | Frozen |
| Erudus ID | ff8d2376ccc54014ab6a410206bfebd9 |
| Specification Type | Legacy |



Outer Case GTIN 05015274309341



INGREDIENTS

Ingredient Declaration

Cooked Tikka Marinated Chicken (28%) (Chicken Breast, Yogurt Powder (**MILK**), Rice Bran Oil, Tapioca Starch, Salt, Spices, Garlic Paste, Tomato Paste, Ginger Paste, Colour (Paprika Extract)), Water, Onion (12%), Single Cream (**MILK**) (11%), Crushed Tomato (5%), Rapeseed Oil, Tomato Paste (3.5%), Yogurt (**MILK**) (3%), Desiccated Coconut, Garlic Purée, Ginger Purée, Modified Maize Starch, Sugar, Spices, Coriander Leaf, Salt, Green Chilli Purée, Flavouring.

ALLERGENS

Product Contains:

| | | | |
|--------------------------------------|-----|-------------------------------|----|
| Celery/Celeriac | No | Mustard | No |
| Cereals Containing Gluten | No | Nuts (Tree) | No |
| Barley | No | Almond nuts | No |
| Oats | No | Brazil nuts | No |
| Rye | No | Cashew nuts | No |
| Wheat (including Spelt and Khorasan) | No | Hazelnuts | No |
| Gluten content <20ppm | Yes | Macadamia (Queensland) nuts | No |
| Crustacea | No | Pecan nuts | No |
| Eggs | No | Pistachio nuts | No |
| Fish | No | Walnuts | No |
| Lupin | No | Peanuts | No |
| Milk | Yes | Sesame Seeds | No |
| Molluscs | No | Soybeans | No |
| | | Sulphur Dioxide and Sulphites | No |

Additional Allergen Information

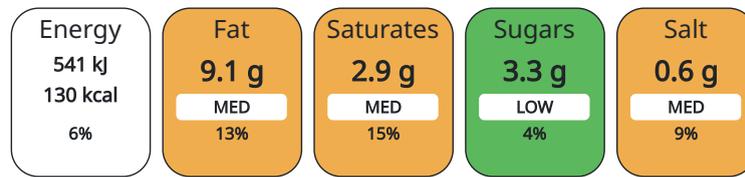
ALLERGEN ADVICE: for allergens see ingredients in BOLD.

DIET SUITABILITY

| | | | |
|-----------------------|-----|-----------------|----|
| Suitable for Coeliacs | Yes | Halal Diet | No |
| Kosher Diet | No | Vegetarian Diet | No |
| Vegan Diet | No | | |

NUTRITIONAL INFORMATION

Each 100g/ml portion contains:



of your reference intake.

Typical values per 100g/ml : Energy 130kcal / 541kJ

| Nutrient | per 100g/ml | RI per 100g/ml | per 350g/ml serving | RI per 350g/ml serving |
|---------------------------|-------------|----------------|---------------------|------------------------|
| Energy (kJ) | 541 kJ | 6% | 1893.5 | 23% |
| Energy (kcal) | 130 kcal | 7% | 455 | 23% |
| Fat | 9.1 g | 13% | 31.85 g | 46% |
| of which Saturates | 2.9 g | 15% | 10.15 g | 51% |
| of which Mono-unsaturates | 4.1 g | | 14.35 g | |
| of which Polyunsaturates | 1.7 g | | 5.95 g | |
| Carbohydrate | 3.5 g | 1% | 12.25 g | 5% |
| of which Sugars | 3.3 g | 4% | 11.55 g | 13% |
| of which Polyols | 0 g | | 0 g | |
| of which Starch | 0.2 g | | 0.7 g | |
| Fibre | 0.9 g | | 3.15 g | |
| Protein | 8.2 g | 16% | 28.7 g | 57% |
| Salt | 0.55 g | 9% | 1.93 g | 32% |
| Sodium | 219 mg | | 766.5 mg | |

Serving Size 350 g

HANDLING & STORAGE INFORMATION

Directions For Use

Cook from frozen. HOB: Place pouch into a pan of boiling water, return to boil and simmer for 20 minutes, carefully remove pouch from pan, pour contents on to a serving plate. Ensure product is piping hot throughout before serving. MICROWAVE (1800W): Place pouch on a microwaveable dish, pierce film several times, cook on full power for 4 minutes, agitate pouch and stand for 1 minute. Cook for a further 1 minute. Ensure product is piping hot throughout before serving.

Storage Instructions

Keep frozen at -18°C or below

ORIGIN

Product Country of Origin United Kingdom

Additional Origin Details

n/a

CONTACT
INFORMATION

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