

Homestyle Breaded Chicken Fillets 4 x 960g

Breaded Fillets

PRODUCT DESCRIPTION

Chicken breast fillets in a crunchy breadcrumb coating, fully cooked and individually quick-frozen.

Manufacturer Product Code	N1452001A
Product Type	Food
Product Category	Poultry
Storage Type	Frozen
Erudus ID	9ddde049f91742a5b37f1b119c41062e
Specification Type	Legacy



Inner Component GTIN	5017400108316
Outer Case GTIN	05017400020212



INGREDIENTS

Ingredient Declaration

Chicken Breast (64%), **WHEAT** Flour, Water, Breadcrumbs (**WHEAT** Flour, Salt, Yeast), Vegetable Oil (Palm, **SOYA**), Modified Tapioca Starch, Salt, Maize Starch, **WHEAT** Gluten, Raising Agents (Diphosphates, Sodium Carbonates), Spice Extracts (Paprika, Pepper), Stabilisers (Triphosphates), Yeast Extract, Garlic, Spices (contains **CELERY**), Dextrose, Onion.

ALLERGENS

Product Contains:

Celery/Celery	Yes	Mustard	No
Cereals Containing Gluten	Yes	Nuts (Tree)	No
Barley	No	Almond nuts	No
Oats	No	Brazil nuts	No
Rye	No	Cashew nuts	No
Wheat (including Spelt and Khorasan)	Yes	Hazelnuts	No
Gluten content <20ppm	No	Macadamia (Queensland) nuts	No
Crustacea	No	Pecan nuts	No
Eggs	No	Pistachio nuts	No
Fish	No	Walnuts	No
Lupin	No	Peanuts	No
Milk	No	Sesame Seeds	No
Molluscs	No	Soybeans	Yes
		Sulphur Dioxide and Sulphites	No

Additional Allergen Information

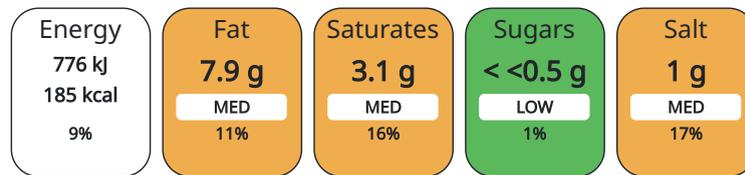
For allergens including cereals containing Gluten, see ingredients in BOLD.

DIET SUITABILITY

Suitable for Coeliacs	No	Halal Diet	Suitable for
Kosher Diet	No	Vegetarian Diet	No
Vegan Diet	No		

NUTRITIONAL INFORMATION

Each 100g/ml portion contains:



of your reference intake.

Typical values per 100g/ml : Energy 185kcal / 776kJ

Nutrient	per 100g/ml	RI per 100g/ml
Energy (kJ)	776 kJ	9%
Energy (kcal)	185 kcal	9%
Fat	7.9 g	11%
of which Saturates	3.1 g	16%
Carbohydrate	11 g	4%
of which Sugars	< 0.5 g	1%
Fibre	1.1 g	
Protein	17 g	34%
Salt	1 g	17%

HANDLING & STORAGE INFORMATION

Directions For Use

For best results cook from frozen. The following cooking instructions are guidelines only. If thawed, reduce cooking times accordingly. Always ensure that the product is piping hot and cooked throughout before serving. Oven Bake: Pre-heat oven to 220°C / Gas Mark 7. Remove the chicken fillets from all packaging and place on a baking tray in the centre of the oven. Bake for 20 - 25 minutes. Deep Fry: Pre-heat oil to 180°C. Remove the chicken fillets from all packaging. Gently lower and fully immerse the chicken fillets into the oil and fry for 5 - 7 minutes. Drain and serve.

Storage Instructions

Keep frozen -18°C

ORIGIN

Product Country of Origin Thailand

CONTACT INFORMATION

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