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Status Published

# Falafel & Spinach Burger 24x113g

Falafel & Spinach Burger 24x

## PRODUCT DESCRIPTION

Vegetarian burger based on vegetables, pre-fried, frozen

Manufacturer Product Code	231982
Product Type	Food
Product Category	Other
Storage Type	Frozen
Erudus ID	54167c53e09b4efab3ba8a77b0ee880f
Specification Type	Generic



## INGREDIENTS

### Ingredient Declaration

Onions (38%), Chickpeas (32%), **WHEAT** Flour, Rapeseed Oil, Spinach (9%), Cumin, Garlic Purée, Salt, Coriander Leaf, Ground Coriander, Thickener (Methylcellulose), Chili Powder, Concentrated Lemon Juice, Black Pepper, Turmeric

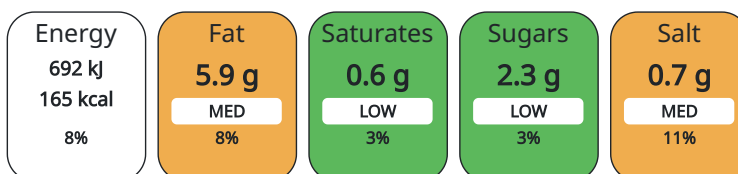
## ALLERGENS

*Product Contains:*

Celery/Celeriac	No	Mustard	No
Cereals Containing Gluten	Yes	Nuts (Tree)	No
Barley	No	Almond nuts	No
Oats	No	Brazil nuts	No
Rye	No	Cashew nuts	No
Wheat (including Spelt and Khorasan)	Yes	Hazelnuts	No
Crustacea	No	Macadamia (Queensland) nuts	No
Eggs	No	Pecan nuts	No
Fish	No	Pistachio nuts	No
Lupin	No	Walnuts	No
Milk	No	Peanuts	No
Molluscs	No	Sesame Seeds	No
		Soybeans	No
		Sulphur Dioxide and Sulphites	No

## NUTRITIONAL INFORMATION AS SOLD

Each 100g/ml portion contains:



of your reference intake.

Typical values per 100g/ml : Energy 165kcal / 692kJ

Nutrient	per 100g	RI per 100g
Energy (kJ)	692 kJ	8%
Energy (kcal)	165 kcal	8%
Fat	5.9 g	8%
of which Saturates	0.6 g	3%
Carbohydrate	21 g	8%
of which Sugars	2.3 g	3%
Fibre	4 g	
Protein	5 g	10%
Salt	0.68 g	11%

HANDLING &  
STORAGE  
INFORMATION

**Directions For Use**

Deep Fryer (180°C): From frozen in hot oil approx. 4 minutes. Drain well before serving. Conventional oven (200°C / Gas Mark 6: Place on a baking tray and cook for approx. 20 minutes. For fan assisted ovens, cooking time should be reduced by approx. 2 minutes.

**Storage Instructions**

Keep frozen at -18°C.

ORIGIN

**Product Country of Origin** Netherlands (the)

**Origin of the Primary Ingredient** Not Applicable

CONTACT  
INFORMATION

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