

Supplier's Product Code :  
Product Added :  
Last Updated by Supplier :  
erudus id :

F0607  
24 May 2011  
27 March 2020  
7501c4def564440aab8425080855cec6



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## GLUTEN FREE THAI STYLE COD AND PRAWN FISHCAKES

### Product Description:

Fishcakes made with potato, cod and prawns with subtle Thai spices coated in a seasoned paprika and parsley flecked crispy gluten free batter

### General Information

Food/Drink :	Food
Product Category :	Frozen
Generic Product Type :	Fish

**Supplier's Product Code :**  
F0607  
**Supplier:** Paramount 21 Ltd  
Paramount 21 Ltd, Old Newton Road  
Heathfield  
Newton Abbot  
Devon  
TQ126RA  
United Kingdom  
P: 01626 837650

## OUTER PRODUCT

### Outer case Information

Outer Case GTIN :	5024030006073	Outer Case Length :	304 mm
Packaging Type Description :	Case	Outer Case Width :	214 mm
Total Quantity of Inner Units in Outer Case :	24 Units	Outer Case Height :	114 mm
Is Trade Item Splittable? :	No	Product Gross Weight :	2.94 kg
		Product Net Weight :	2.74 kg

### Pallet Information

Quantity of Cases Per Pallet Layer :	16 Cases	Pallet Height :	1.63 MTR
Quantity of Layers Per Pallet :	13 Layers	Pallet Gross Weight :	640.48 kg
Quantity of Cases Per Pallet :	208 Cases		

### Logistical Information

Shelf Life from Time of Production :	547 Days	Minimum Order Quantity :	208 Cases
Guaranteed Shelf Life on Delivery :	Not specified.	Delivery Lead Time :	7 Days

### Waste Packaging Weight - Outer Case

Glass :	0.00 g	Aluminium :	0.00 g
Plastic :	2.00 g	Steel :	0.00 g
Paper/Board :	173.00 g	Other :	0.00 g

### Waste Packaging Weight - Transport Packaging

Plastic :	400.00 g	Wood Total :	30,000.00 g
Paper/Board :	0.00 g	Is Pallet Returnable? :	-

### Other Information

#### Supplier Comments :

ACS&T normal delivery,  
direct delivery 1 week and subject to £2K minimum order.

## INNER PRODUCT

### Origin Information

Product Country of Origin/Place of Provenance:	United Kingdom
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Additional Origin Details:  
UK

### Inner Pack Information

Internal GTIN:	Not specified.
Packaging Type Description:	Box
Variable Weight Consumer Item:	No
Net Drained Weight:	Not specified.

Inner Unit Length:	95 mm
Inner Unit Height:	25 mm
Inner Unit Width:	95 mm

Weight/Volume:  
24 fishcakes (individual weight 114g +/-5g)

### Handling Information

#### Directions For Use:

Cooking Guidelines: For best results, cook from frozen.  
Deep Fry: in preheated oil at 180°C for 8-9 minutes.  
Oven Bake: place on a baking tray in a preheated oven at 200°C for 18-20 minutes.  
Grill: under a medium heat for 10-12 minutes on each side.  
Shallow Fry: in oil over a medium heat for 6-7 minutes on each side.  
All cooking appliances vary in performance, these are guidelines only. Always check that the product is piping hot throughout before serving.

#### Storage Instructions:

Keep frozen at -18°C or below. Do not refreeze if allowed to thaw.

### Dietary Information

#### Ingredients:

**INGREDIENTS:** potato (41%) [potato, sunflower oil], cod (FISH) (18%), rice flour, prawns (CRUSTACEANS) (11%) [prawns, water, salt], water, maize starch, rapeseed oil, salt, sugar, skimmed MILK powder, paprika, EGG albumen, raising agents (E500, E450i), maize flour, spices (ginger, coriander), parsley, garlic powder, onion powder, vegetable fibre (bamboo), dextrose, lemongrass extract, red chilli flakes, emulsifier (E471), colour (E150a).

**ALLERGY ADVICE:** For allergens, see ingredients in CAPITALS.

**WARNING:** Although every care has been taken to remove all bones & pieces of shell, some small may remain.

#### Product contains:

GM Protein/DNA:	No
Celery/Celeriac (and products thereof):	No
Lupin (and products thereof):	No
Eggs (and products thereof):	Yes
Fish (and products thereof):	Yes
Soybeans (and products thereof):	No
Milk (and products thereof):	Yes
Mustard (and products thereof):	No
Peanuts (and products thereof):	No
Sesame Seeds (and products thereof):	No
Crustacea (and products thereof):	Yes
Molluscs (and products thereof):	No
Nuts (and products thereof):	No
Almond nuts:	No
Hazelnuts:	No
Walnuts:	No
Cashew nuts:	No
Pecan nuts:	No
Brazil nuts:	No
Pistachio nuts:	No
Macadamia nuts:	No
Queensland nuts:	No

#### Product contains:

Artificial Antioxidants:	No
Artificial Colours:	No
Artificial Flavourings:	No
Artificial Flavour Enhancers:	No
Artificial Preservatives:	No
Artificial Sweeteners:	No

#### Product suitability:

Suitable for a Vegetarian Diet:	No
Suitable for a Vegan Diet:	No
Suitable for Sufferers of Lactose Intolerance:	No
Suitable for Coeliacs:	Yes
Approved for a Halal Diet:	No
Approved for a Kosher Diet:	No

Cereals Containing Gluten :	No
Wheat (and products thereof) :	No
Rye (and products thereof) :	No
Barley (and products thereof) :	No
Oats (and products thereof) :	No
Spelt (and products thereof) :	No
Kamut (and products thereof) :	No
Gluten content <20ppm :	Yes
Hydrogenated Vegetable Oil/Fat :	No
Palm Oil :	No
Sulphur Dioxide and Sulphites :	No
Sulphur Dioxide/Sulphites Concentration :	0

**Allergen Statement :**  
Not specified.

## Nutritional Information

Average Serving :	Not specified.
Count per 100g :	1.14 Pieces
Energy per 100 G/ML :	693.00 kJ
Energy per 100 G/ML :	165.00 kcal
Fat per 100 G/ML :	6.2 g
- of which Saturates per 100 G/ML :	0.5 g
- of which Mono-unsaturates per 100 G/ML :	3.5 g
- of which Polyunsaturates per 100 G/ML :	2 g
Trans Fats per 100 G\ML :	Not specified.
Carbohydrate Per 100 G/ML :	20.6 g
- of which Sugars per 100 G/ML :	1.5 g
- of which Polyols per 100 G/ML :	Not specified.
- of which Starch per 100 G/ML :	Not specified.
Fibre per 100 G/ML :	1 g
Protein per 100 G/ML :	6.2 g
Salt per 100 G/ML :	1.63 g
Sodium per 100 G\ML :	Not specified.

Vitamin A per 100g :	Not specified.
Vitamin C per 100g :	Not specified.
Folate/Folic Acid per 100g :	Not specified.
Calcium per 100g :	Not specified.
Iron per 100g :	Not specified.
Zinc per 100g :	Not specified.
Cholesterol per 100 G/ML (UK/FR) :	Not specified.
Non Milk Extrinsic Sugars per 100gm :	Not specified.
Alcoholic Strength %Vol :	Not specified.
Fat Percentage in Dry Matter per 100g :	Not specified.

## Waste Packaging Weight - Inner Unit

Glass :	0.00 g
Plastic :	24.00 g
Paper/Board :	0.00 g

Aluminium :	0.00 g
Steel :	0.00 g
Other :	0.00 g

## Accreditations / Certifications / Assurance Schemes

BRCGS Certified Production :	Yes
Red Tractor :	No
Fairtrade :	No
Marine Stewardship Council Certified (MSC) :	No
Organic :	No
SALSA (Safe & Local Supplier Approval) :	No
British Lion Mark :	No
RSPCA Assured :	No
LEAF Marque (Linking Environment and Farming) :	No
Rainforest Alliance :	No
Food for Life Supplier Scheme :	No
Quality Meat Scotland :	No
Farm Assured Welsh Livestock :	No
Northern Ireland Beef & Lamb Farm Quality Assurance Scheme :	No
Quality Standard Mark (Beef/Lamb) :	No
Roundtable of Sustainable Palm Oil (RSPO) :	No
School Approved (The Requirement for School Food Regulation 2014) :	No
IFS Food Standard :	No
Best Aquaculture Practices (BAP) Certification :	No
ISO 14001 (Environmental System) :	Yes
FSSC 22000 :	No

### Other Accreditation :

none

Intra Stat/Taric Code : Not specified.

Commodity Code : Not specified.

Identification/Health Marks : UK TZ035 EC

## Standards Testing

Do you undertake trend analysis of microbiological results? :	-
Is shelf life testing undertaken? :	-

## Microbiological Standards

Not available.

## Analytical Standards

Not available.