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Version 2.0

Status Published

100074

# Golden Bridge Battered Onion Rings 9 x 1kg

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## PRODUCT DESCRIPTION

Onion Rings made with chopped onions and wheat flour coated in batter and lightly fried

Manufacturer Product Code	29622
Product Type	Food
Product Category	Vegetables - Frozen
Storage Type	Frozen
Erudus ID	a9a16c104deb426282d4a465a96923c9
Specification Type	Fruit and Vegetables

Inner Component GTIN	5011457700059
Outer Case GTIN	05011457700509



## INGREDIENTS

### Ingredient Declaration

Onions (59%), Fortified WHEAT Flour (Calcium Carbonate, Nicotinamide, Iron, Folic Acid, Thiamin), Rapeseed Oil, Maize Flour, Dextrose, Raising Agents (Sodium Diphosphate (E450), Sodium Bicarbonate (E500)), Gelling Agent, Water

## ALLERGENS

Product Contains:

Celery/Celeriac	No	Mustard	No
Cereals Containing Gluten	Yes	Nuts (Tree)	No
Barley	No	Almond nuts	No
Oats	No	Brazil nuts	No
Rye	No	Cashew nuts	No
Wheat (including Spelt and Khorasan)	Yes	Hazelnuts	No
Crustacea	No	Macadamia (Queensland) nuts	No
Eggs	No	Pecan nuts	No
Fish	No	Pistachio nuts	No
Lupin	No	Walnuts	No
Milk	No	Peanuts	No
Molluscs	No	Sesame Seeds	No
		Soybeans	No
		Sulphur Dioxide and Sulphites	No

### Allergen Statement On Pack

For Allergens see ingredients in bold.

FREE FROM CLAIMS

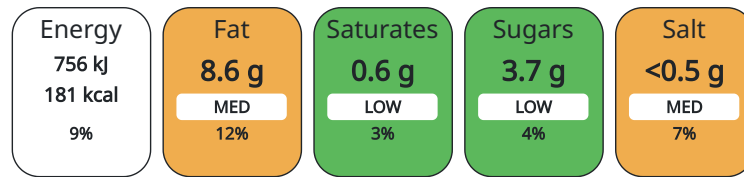
Free From Barley	Yes	Free From Mustard	Yes
Free From Celery/Celeriac	Yes	Free From Nuts	Yes
Free From Crustacea	Yes	Free From Oats	Yes
Free From Eggs	Yes	Free From Peanuts	Yes
Free From Fish	Yes	Free From Rye	Yes
Free From Lactose	Yes	Free From Sesame	Yes
Free From Lupin	Yes	Free From Soybeans	Yes
Free From Milk	Yes	Free From Sulphur Dioxide	Yes
Free From Molluscs	Yes		

DIET SUITABILITY

Vegan Diet	No	Vegetarian Diet	Suitable for
Halal Diet	No	Kosher Diet	No

NUTRITIONAL INFORMATION AS SOLD

Each 100g/ml portion contains:



of your reference intake.

Typical values per 100g/ml : Energy 181kcal / 756kJ

Nutrient	per 100g	RI per 100g	per 50g serving	RI per 50g serving
Energy (kJ)	756 kJ	9%	378	5%
Energy (kcal)	181 kcal	9%	90.5	5%
Fat	8.6 g	12%	4.3 g	6%
of which Saturates	0.6 g	3%	0.3 g	2%
Carbohydrate	21 g	8%	10.5 g	4%
of which Sugars	3.7 g	4%	1.85 g	2%
Protein	3.3 g	7%	1.65 g	3%
Salt	0.4 g	7%	0.2 g	3%

Serving Size	50 g
Serving Size Description	per portion

Source of Nutritional Information      Manufacturers analysis

HANDLING & STORAGE INFORMATION

Directions For Use

Oven bake: Pre heat the oven to 220°C/425°F, Fan 200°C/392°F or Gas mark 7. Arrange a single layer of onion rings on a baking tray. Cook in the centre of the oven for 14 minutes to 16 minutes until golden brown, turning half way through cooking. Deep Fry: Preheat oil to 190°C/375°F. Gently lower onion rings into pre heated oil and fry for 2 to 3 minutes until golden brown. Drain on Kitchen paper and serve.

Storage Instructions

Keep frozen

ORIGIN

Product Country of Origin	United Kingdom
Origin of the Primary Ingredient	Australia, China, Egypt, England, Netherlands (the), New Zealand, Poland, Spain

SUSTAINABILITY

Sustainable Soy Used?	No	Sustainable Tea Used?	No
Sustainable Coffee Used?	No	Sustainable Bananas Used?	No
Sustainable Cocoa Used?	No		

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