Gosh **Brand:**

Product Code:

GFS029

Pack Details

No. Pcs in Case: N/A Avg. Pce Wt: 19g g Case Net Wt: 2.0 kg **Contents**

> Count/Wt per Inner: Inners per Case: 2 Pack Size: 2×1 1kg

Barcode Outer: 05036829756878 Inners suitable for sale separately?: No Barcode Inner: 5036829756861

Palletisation Cases per Layer: No. of Layers: 12 Inners/Pallet: 600 Cases/Pallet: 300

Dimensions Commodity Code 2004 90 98 80 Case mm: 226 x 200 x 135 Cubic ms: 0.006 Inner mm: N/A

Secondary plastic: Primary plastic: 28 g N/A g Tertiary plastic: **Packaging** N/A g Wts Primary board: 121 g Secondary board: Metal: N/A g N/A g

Composition & Storage

Falafel made with chickpeas and beetroot - simply blended with lively spices and baked. **Description:**

Ingredients: Beetroot (31%), Chickpeas (31%), Red Pepper, Potato Flake, Onion, Rapeseed Oil, Garlic Puree (Water, Garlic Granules), Ground

Coriander, Ground Cumin, Lemon Juice from Concentrate (Concentrated Lemon Juice, Water), Paprika, Salt, Chilli Flakes.

Allergen Statement:

May Contain:

Meat Country of Origin: Store Frozen: -18°C Min Life on Del. 137 Days N/A

Preparation & Usage from Frozen

See Page 2. M/wave: Oven: See Page 2. See Page 2. Grill: Frying: See Page 2. Other: See Page 2.

Dietary & Health Information			Average Nutritional		Per serving	
		Contains			Per 100 g	
Suitable for Vegetarians	Yes	Milk / Derivatives	No	kJoules Kcals	783 188	
Suitable for Vegans	Yes	Egg / Derivatives	No	Fat (g)	10	
Suitable for Coeliacs	Yes	Soya	No	of which saturates (g) of which monounsaturates (g)	0.9	
Halal Approved	No	SO ₂ /Sulphites >10ppm	No	of which polyunsaturates (g)		
Kosher Approved	Yes	Sesame Seeds	No	Carbohydrate (g) of which sugars (g)	15 2.0	
Contains		Celery	No	Fibre (g)	6.6	
Artificial colours	No	Mustard	No	Protein (g)	5.7 0.328	
Hydrogenated Fats	No	Peanuts / Derivatives	No	Sodium (g) expressed in salt (g)	0.328	
GM Ingredients/Derivatives	No	Fish	No	Zinc (mg)		
MSG	No	Crustaceans / Shell Fish	No	Iron (mg)		
Gluten as added Ingredient	No	Other Nuts	No	Ash (g) Vitamin A (μg)		
Wheat & Wheat Derivatives	No	Lupin / Derivatives	No	Vitamin C (mg)		
Other Gluten Cereals/Derivs	No	Molluscs	No	Folate (µg) Calcium (mg)		

Approved Date: 21/04/2023 Approved by: Christopher Stobart

Datasheet - Version 19 Date: 22.08.23

Preparation & Usage from Frozen

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Microwave:
1700W-2000W. (1900W): 20 seconds. Appliances may vary. These are guidelines only
Oven:
Pre-heat oven to 200°C, 180°C (fan), Gas Mark 6. Remove from packaging and place evenly on tray and cook for 8-10 minutes.
Ensure product is piping hot before serving.
Grill:
N/A
Frying:
N/A
Other Cooking or Serving Instructions:
Do not refreeze once defrosted. Defrost thoroughly in the fridge and use within 3 days. If heating once defrosted, cooking time will
need to be reduced.

Product & Packaging

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Lifestyle:



Outer Case:



Central Foods Ltd, Maple Court, Ash Lane, Collingtree, Northants, NN4 0NB. Tel:01604 858522 Registered Number: 2666517, Registered in England

Packaging Continued

Product Code:

GFS029

Inner Pack/Case:



Combination:



Packaging Continued

Product Code:

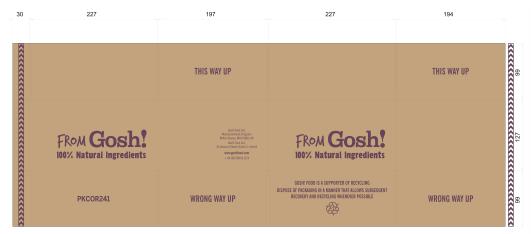
GFS029

Inner Label:

GOSHLEOODS 435mm x 220mm FROZEN CUTTER



Outer Case Line Drawing:



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